

PROVIDING SPECIALIST SUPPORT AND SETTINGS

For people with Prader-Willi Syndrome



GUIDE TO OUR PWS SERVICES

consensus...
gretton **PWS** services

Supporting opportunity, choice and success

Welcome to Consensus Gretton

“Our profound and almost unique experience and in-depth understanding of PWS enables us to deliver a person-centred approach that is appropriate to each individual, addressing their specific needs and supporting positive outcomes.”

Eddie Morgan, Chief Executive Officer

consensus
gretton **PWS** services
Supporting opportunity, choice and success



Supporting adults with Prader-Willi Syndrome (PWS)

Consensus Gretton is an acknowledged specialist provider of support and accommodation for adults with PWS. Established in 1982, we have an in-depth understanding of this rare, genetic condition and a reputation for providing a high standard and best practice in PWS support. This enables us to offer the most positive outcomes for people who have PWS and to support them to live a meaningful and fulfilling life.

We have close links with the Prader-Willi Syndrome Association (PWSA), supporting them with fundraising initiatives and sponsoring some of their member events. We also support research projects carried out by the Foundation for Prader-Willi Research.

We are innovative and forward thinking, developing new services which meet a diversity of need such as new flat based models of support. This offers an individualised living environment for people who have very bespoke needs and where a shared household setting would not bring the best outcomes for them. Our supported living services provide an even greater level of independence where individuals have their own tenancy and a separate support package.



Person centred, tailored support

We understand the challenges that an individual with PWS experiences daily and recognise that every person's needs and how PWS presents is unique. For some, PWS is considered an eating condition where sufferers are restricted in their daily life through their insatiable appetites but there are many other challenges the condition presents - physically, cognitively, behaviourally and socially.

In our supportive, homely residential and supported living services we encourage individuals to fulfil their potential at their own pace and in their own time. They can safely learn how to gain confidence in their daily living skills and to start to take control of as many aspects of their life as they feel confident to do so.

We use person centred planning to enable people to work towards the goals they wish to achieve. What each person does will be unique to them. We spend time listening to, and understanding, each person we support to learn about what's important to them and how they want to live their life and develop a person centred plan with them.





Dedicated support from our teams



Kathryn Clarke - PWS Strategic Lead



Myles Kelly - PWS Strategic Lead

Over the last 30 years Consensus Gretton have grown and developed to become the UK's largest provider of support and accommodation for people with PWS with a renowned reputation for quality and integrity.

We understand the difficult realities commissioners of care face with ever increasing pressure on budgets and finance and equally the vital part families play in finding the right care and support for their loved ones who live with this very rare condition.

We continually challenge ourselves so we don't compromise on delivering the highest standard of

support for the people who live in our homes. Our Managers and their support teams receive regular training to ensure they are up to date on the latest legislation, guidance and safeguarding training and take advantage of on-going training opportunities to develop their careers.

Our PWS Strategic Lead colleagues work across the business to provide advice to all the services which support people with PWS, including the PWS specialist services and Consensus' learning disability services who can also support people with PWS.

Striving for excellence

As a values driven organisation, we're committed to delivering the highest possible standards of support to the individuals who live in our PWS services, their families and the commissioners we work with.

We have robust governance procedures and policies to safeguard our standards and continually improve and enhance what we do. We have our own internal auditing process as well as external inspections and we are proud that national regulators rate our services highly on a consistent basis.

Our Positive Behaviour Intervention Team (PBIT)

From a range of backgrounds in health and social care, the team bring decades of experience in supporting people who display behaviours which others might find challenging, including those associated with PWS. They provide tailored Positive Behaviour Support (PBS) and a person centred, values based approach to find out the reasons behind each individual's behaviour.



Working in a consultative, mentoring and training capacity the team provide practical support to our referrals team, service managers and the support teams working in our services. They are involved from assessment, through transition and for however long they are needed, producing support plans and pro-active strategies to reduce the behaviour and improve each individual's quality of life. This leads to positive outcomes for everyone involved - from the individuals themselves and their families, to their key workers and the service they are supported by.

About Prader-Willi Syndrome



Prader-Willi syndrome (PWS) is a complex neurobehavioural genetic disorder resulting from a chromosome abnormality. It is a rare condition, affecting an estimated 1500 – 2000 people in the UK and occurs in males and females and in all races.

Individuals require specialist support for the cognitive, behavioural and emotional challenges associated with the condition. Symptoms can be apparent from birth or present between the ages of two and five. Early diagnosis is vital so parents can understand and manage their child's individualised needs and support them through childhood and into adulthood in the setting that best meets their needs.

PWS typically causes low muscle tone, short stature if not treated with growth hormone, cognitive deficits, incomplete sexual development, motor development delays and behaviours which others might find challenging. A key characteristic is a chronic feeling of hunger that, coupled with a metabolism that utilises drastically fewer calories than normal, can lead to excessive eating and life-threatening obesity.

The most commonly publicised consequence of PWS is a tendency by some to overeat. To counteract this, we provide fresh, nutritious and calorie controlled meals combined with regular exercise. If left unsupervised, some people with PWS can be tempted to steal food and we take a practical approach in each of our homes: for example, allowing only supervised access to the kitchen.

Some individuals with PWS are prone to challenging behaviours, temper outbursts and obsessive or compulsive traits as well as other complex behaviours. We help minimise these by providing a structure which includes social, educational and recreational community based activities, a range of courses, outings and work placement schemes.

Other factors that may cause difficulties include negative reactions to medications, high pain tolerance, gastro-intestinal and respiratory issues, lack of vomiting and unstable temperature. Severe medical complications can develop rapidly in individuals with PWS. Our knowledge and experience, coupled by our protocols and the training our colleagues receive enable us to be alert to such health and medical issues and act quickly and appropriately. Vitally our teams spread awareness with healthcare and medical professionals at routine and emergency appointments. We also provide a guide for parents and carers who support people with PWS.

We are passionate about raising awareness of Prader-Willi Syndrome, with the medical profession and commissioners and care workers looking for support for people with PWS. We also have a range of videos and resources for parents on our website. Visit www.consensusupport.com/pwsservices



Our Services

We have 12 specialist services spanning London, Northamptonshire, Peterborough and Dunblane which offer a residential setting. We also provide support at a supported living service in Hampshire. All offer a homely, family atmosphere with bright, spacious living areas. Most bedrooms are en-suite and we encourage people to personalise

their bedrooms to their own tastes and styles. We ensure a high standard of accommodation and our settings range from rural to town based and are located within easy access of local amenities. We support individuals to actively engage in community life as much as they wish.



How to make a referral

Our experienced and friendly referrals team can recommend the most appropriate service to commissioners who have a specific local need and family members enquiring on behalf of a loved one.

T: 0808 223 5320 E: referrals@consensusupport.com

A guide to Consensus services and settings

Additional materials

Available to download at www.consensusupport.com/downloadbrochures or to receive printed copies, contact us via the details on the back cover.

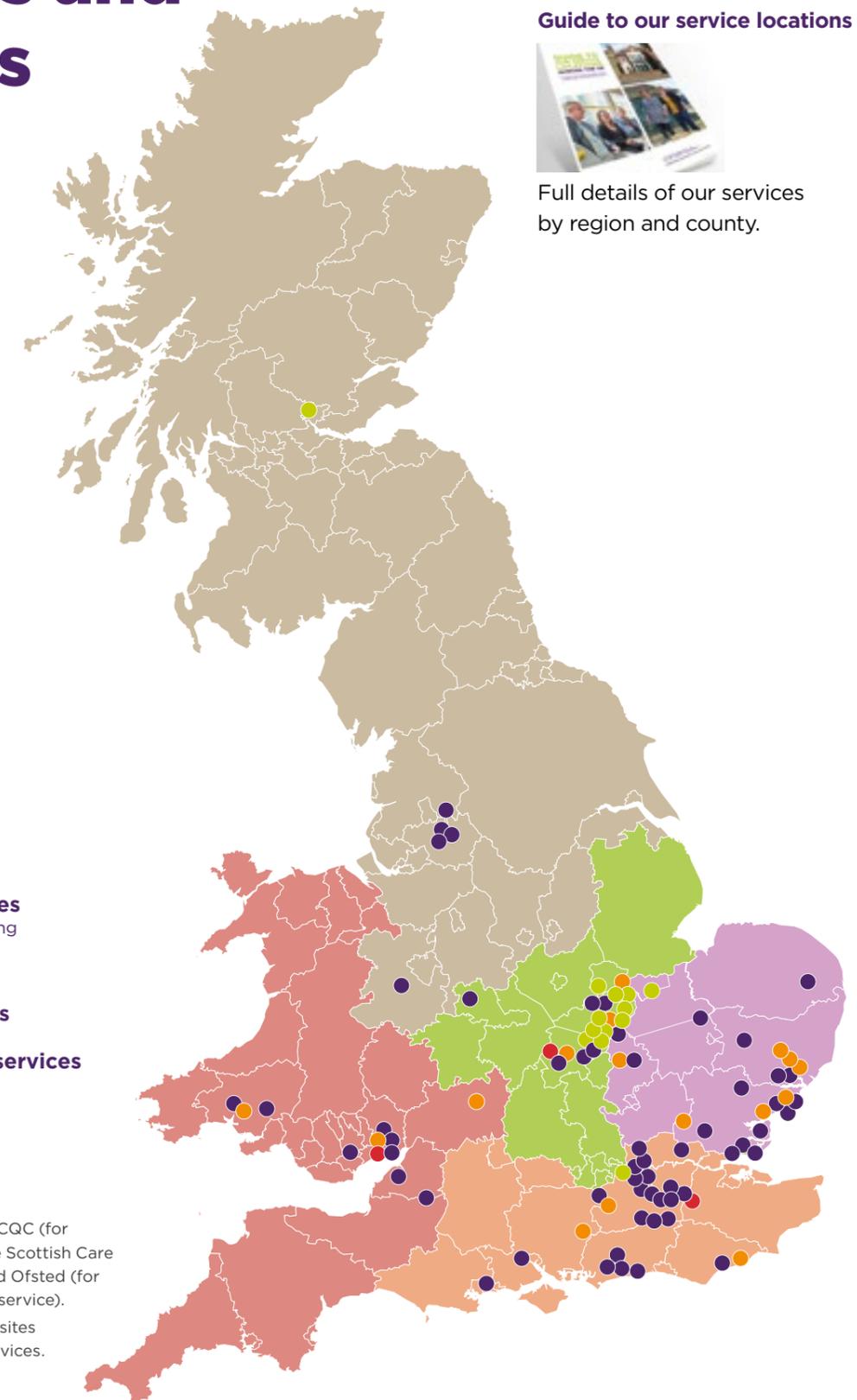
Guide to our service locations



Full details of our services by region and county.

- Residential services with and without nursing
- Prader-Willi Syndrome services
- Supported living services
- Centre-based opportunities

Our services are inspected by CQC (for England), CIW (for Wales), The Scottish Care Inspectorate (for Scotland) and Ofsted (for Belstead Mews, our Children's service). Please visit the respective websites for individual ratings of our services.



PWS SPECIALIST SERVICES

NORTHAMPTONSHIRE



Gretton House
Gretton

Gretton House is a grade II listed Manor House built in the mid-1800s providing support and accommodation in a residential setting for 20 individuals with PWS. Located in the village of Gretton, Gretton House offers very spacious grounds, with lovely views across the Welland Valley. There is also a stair lift to support individuals with limited mobility.



Bannigans
Corby

A bright, spacious property located in the old village of Corby, Bannigans is a residential service providing support and accommodation for four individuals with PWS. Colleagues encourage all individuals to engage in the local community and the service is situated within walking distance of several local amenities and leisure facilities.



Holland House
Corby

Holland House situated in Corby Old Village, is a newly refurbished, comfortable home which supports four adults with PWS. All bedrooms are en-suite and there is a large lounge and spacious outdoor area. The house is walking distance from the town centre which offers a range of amenities and the service also has its own transport.



Haydock House
Kettering

Haydock House is an Edwardian property located very close to Kettering town centre and supports eight individuals with PWS. All bedrooms are en-suite and the property is spread across three floors and there are pleasant outside areas. The service has its own transport enabling people living at Haydock House to fully engage in community life.



Heatherington House
Kettering

Located within minutes of Kettering town centre, Heatherington House is a bright, homely Victorian property providing support and accommodation for eight individuals with PWS. Seven bedrooms are en-suite and one has its own private bathroom. There are newly decorated private communal areas which include a lounge and dining room. The garden is paved with flower beds and has a seating area for BBQ's in the summer.



Smythe House
Kettering

A spacious Edwardian property, Smythe House is in a pleasant quiet residential street but within close proximity to Kettering town centre. Offering support and accommodation for seven individuals with PWS the service is spread across three floor and all bedrooms are en-suite.



Parvale House
Kettering

Parvale House is a large, double fronted two storey property located in Kettering and was the first service in the UK to support adults with PWS. The service supports six individuals with PWS and the team help support greater independence.



Perrywood House
Kettering

Located on one of the main roads into Kettering, Perrywood House is within each reach of all local facilities and amenities. A substantial Edwardian property with lovely front and rear garden areas, the service provides support and accommodation for seven individuals with PWS.



Weston Villa
Kettering

Comprising of four self-contained flats, Weston Villa supports individuals who present with additional complex needs over and above those often associated with PWS and who may also struggle to live or share with others. This friendly, supportive service also has communal space providing the opportunity for individuals living there to engage and socialise with others.

CAMBRIDGESHIRE



Fletton Avenue
Peterborough

Located in the Cathedral town of Peterborough, Fletton Avenue is a bright, spacious Edwardian property offering single en-suite accommodation with three lounges and a games room. The service supports six individuals with PWS.

SCOTLAND



Clare House
Dunblane, Stirlingshire

Clare House is the first service in Scotland to exclusively support adults with PWS and accommodates 13 individuals with PWS from all over Scotland. There are nine spacious en-suite bedrooms within the main house and four adjoining self-contained cottages where individuals are supported to lead a more independent lifestyle.

LONDON



Bear Road
Hanworth, London
Borough of Hounslow

Bear Road near Hounslow is a modern house suitable for four people to share, providing a mix of two large bedrooms with en-suites and two flats. The flats do not have kitchens; instead as part of food management, there is a communal kitchen shared by all four individuals, providing peer support and the choice to plan, cook and share meals. Support is bespoke to each individual and their level of independence.

If you are interested in our PWS supported living services please contact our referrals team on 0808 223 5320

SUPPORTING PEOPLE IN NON-PWS SPECIALIST SERVICES

We can also support people with PWS in some of our other services for people with learning disabilities and additional needs, where a non-specialist PWS setting may be more suitable for them.

Consensus Gretton is part of Consensus who support over 650 adults and young people with learning disabilities, autism and complex needs.

consensus ●●●
gretton **PWS** services
Supporting opportunity, choice and success

654 The Crescent
Colchester Business Park
Colchester, Essex CO4 9YQ

T: **0808 223 5320**
W: **www.consensusupport.com**

E: **referrals@consensusupport.com** - To discuss a referral
E: **enquiries@consensusupport.com** - For general enquiries

 **@ConsensusLD**  **www.facebook.com/ConsensusLD** (search for Consensus Support Services)
www.facebook.com/ConsensusGrettonPWS (search for Consensus Gretton PWS)

Consensus Support Services Ltd. Registered in England No 04081379
Registered Office: 654 The Crescent, Colchester Business Park, Colchester, Essex CO4 9YQ

November 2021