

HAVING THE COVID VACCINE...

We hear from...

Sam Nzanga

Name: Sam Nzanga **Job Position:** Service Manager at Fletton Avenue, Peterborough, Cambridgeshire

1/ Which vaccine did you have?

I had the Oxford AstraZeneca vaccine.

2/ When did you have the vaccine?

I had the vaccine on 22nd January 2021.

3/ What were your feelings about having the vaccine beforehand? (E.g. Did you have any apprehensions, or did you feel positive about it, explain why?)

I felt apprehensive at the thought of the needle, but I was positive about the opportunity to have the vaccine and looking forward to being protected from Covid-19.

4/ Did you have any side effects?

Yes, I had a slight runny nose for 24 hours.

5/ How do you feel now?

I am very well.

6/ What do you see as the benefits of having had the vaccine on a personal level and working in a social care environment?

In social care, one of the key things is community appreciation with supported individuals and having the vaccine protects me and allows me to safely access the community and be able to safely support

our supported Individuals. We all come from different households on a daily basis and you never know what one brings when they turn up for work, so having the vaccine has given me peace of mind. On a personal level I feel safer accessing shops and supermarkets.

7/ What would you say to someone who was thinking about whether or not they should have the vaccine?

We are very lucky to have the vaccine, other people are not as privileged as we are, please take the vaccine for yourself, family, the entire community and bring the world back to normality.

8/ Anything else you would like to add?

Please make the most of this opportunity before it is too late.

