

# HAVING THE COVID VACCINE...

We hear from...

Lisa Chambers

**Name:** Lisa Chambers    **Job Position:** Team Coordinator    **Service:** Heather Holmes, Desborough, Northants

## 1/ Which vaccine did you have?

Pfizer.

## 2/ When did you have the vaccine?

I had my first vaccination on 17th December 2020 and my second on the 7th January 2021.

## 3/ What were your feelings about having the vaccine beforehand? (E.g. Did you have any apprehensions, or did you feel positive about it, explain why?)

I was always going to have the vaccine as I have a vulnerable daughter and Mum at home. The way I looked at it was that I was lucky to be offered the vaccine first. I did not read any information or watch anything as I knew this might make me have doubts.

## 4/ Did you have any side effects?

I had a very sore/achy arm for a few days and the site where the injection was administered was slightly warm and swollen but this only lasted a few days.

## 5/ How do you feel now?

I feel normal now.

## 6/ What do you see as the benefits of having had the vaccine on a personal level and working in a social care environment?

For me the benefits of having the vaccine are being as protected as I can be to be able to support the individuals at our service and my family at home.

## 7/ What would you say to someone who was thinking about whether or not they should have the vaccine?

I think having the vaccine is a personal choice, but I have discussed it with staff and tried to support them to make the best choice for themselves by listening to their concerns and also supporting them to look at the other side.

