

Ty Hendy & The Grange

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NEWSLETTER



Phillip's loving life on the peninsula



Since arriving at Ty Hendy in April this year, Phillip has settled in well & has become a popular member of the close community.

He soon found a favourite spot on the sofa where he likes to sit and look through his family photo albums. He finds looking through these albums comforting and enjoys the familiarity of identifying who each member of his family is.

As Phillip has got to know the support team around him, he has particularly enjoyed getting out and about in the local



area, with some of his favourite places including Porthcawl and Burry Port Harbour. He is also gradually trying out a range of new activities such as hydrotherapy, swimming and using the Ty Hendy sensory room.

Phillip is enjoying all of his new-found activities and with them, the development of his social skills and independence.



Sixty Seconds with... Steve Harvey - The Grange Service Manager



What do you enjoy most about your job?

Definitely the variety! No day is ever the same. I enjoy working with my team and believe it a privilege to support the adults who live with us.

How long have you been with Consensus?

I have been a manager for three years but joined Consensus eight months prior to that.

What is your background and experience?

My background was actually in education. I qualified as a teacher and progressed to become a Head Teacher of a large primary school. I then moved into Health and Social Care as a support worker and senior support worker.

Why did you want to join Consensus?

I like how forward-thinking the company is.

Favourite book?

The Silver Sword

Favourite film?

Star Wars Empire Strikes back.

Favourite holiday destination?

Cornwall



The best decision I ever made

"The best decision I ever made"- that is how Marc's mother recently described his moving to The Grange.

Whilst Marc was initially reluctant to move around the house when he first moved in, his chatty and approachable nature endeared him to his fellow service users and the support team alike.

He has been at The Grange for more than a year now and the strides he has made have been remarkable. Initially he was reluctant to venture outside the house, but over time he has grown in confidence and now insists on daily outings into the



community. He started with walking into town, which has now progressed to trips out to local beaches and day trips to Folly Farm and Porthcawl. Marc also enjoys weekly trips to the local indoor bowling arena where he regularly wins an end or two.

This increased confidence

has also seen him entering the kitchen to make his own breakfast and a cup of tea, something that nobody at The Grange expected so early on. His mother is delighted with the 'wonderful progress' she feels he has made and his development in the past year.



David enjoys the sights & sounds of South Wales

David initially came to Ty Hendy in 2010 for a short-term respite stay. He enjoyed his time so much that when respite was due to end, David expressed that he would like to



stay at Ty Hendy permanently!

He has thrown himself into local life, whether it is at the nearby day centre or one of his beloved tractor shows, David always has one eye on his next trip. Some of his favourite places include Newquay, where he takes his annual holiday and loves going to 'Plantasia' to see the miniature monkeys and tropical fish.

In his time at Ty Hendy, David has quickly grown in confidence through the many social opportunities at the service. This has enabled him



to gain greater independence as time has gone on, now managing his own personal care and cooking with just a little support from his support workers.



Sixty Seconds with... Fiona Bush - Ty Hendy Service Manager



How long have you been with Consensus?

I have been with Consensus since March 2010, before Ty Hendy actually opened. I was a deputy manager for the first year when the post of manager became available. I have now been a service manager for nearly 2½ years.

What do you enjoy most about your job?

I enjoy supporting our staff to develop their personal skills

and knowledge, ensuring that our service users have the best possible quality of life.

What has been your biggest achievement away from work?

Definitely overcoming my fear of heights by going up in a hot air balloon from Monmouth to Chepstow.

Do you have any hobbies or pastimes?

I love reading and I have a kindle that I cannot be without.

I also like to go coarse and fresh water fishing and I enjoy visiting places of historical interest.

Favourite meal?

Anything Thai

Favourite sport?

Rugby

Favourite film?

The Shawshank Redemption



Singing all the way



Nancy is very proud to have been the first person to move into Ty Hendy back in 2010. She enjoys the company of her fellow service users and always makes new people feel at home by making them

welcome cards.

Nancy has early onset Dementia and one of her favourite pastimes is singing (in either English or Welsh.) She attends 'Singing for the

Brain' every Tuesday, a group set up by The Alzheimer's Society and she is always keen to attend as she has made some good friends through the group. The group is beneficial in more ways than one as it promotes her to think about the songs and remember the words.

It has been a busy few weeks for Nancy as she has not only been planning her 70th birthday party, but she has also been involved in the Ty Hendy Halloween party, which everyone at the service has been eagerly looking forward to.



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If you have any suggestions for what to include in future editions of this Newsletter or wish to contribute an article please send your ideas to the editor, Olivia Pritchard:

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